

# GENERAL COMPARISON

## *“Board and Care” vs. Mission Hills*



### SIX BED BOARD AND CARE

- Owners and family are allowed to live in the facility. No industry experience is required for Administrators.
- Employees providing resident care are also responsible for support functions of cooking, cleaning, laundry, maintenance and office administration. No requirement for distinct support staff.
- There is no requirement for a designated employee to ensure residents receive first aid or emergency medical services.
- No planned activities need to be posted or proof of having been done kept on file for state licensing review. No staff person is required to be designated or trained to conduct activities.
- Only 1 person needs to be “on call” on the premises from 10pm to 6am, and is allowed to sleep.
- Awake staff is not required for residents with a diagnosis of dementia.

### MISSION HILLS

- No persons other than the residents reside in the community. Administrator must have two years college (min) and three years industry experience.
- Support staff is required to perform the duties of cooking, housekeeping, maintenance and office work. These duties may not be done by the employee providing resident care.
- Designated person required to ensure residents receive first aid and emergency medical services.
- One full-time activity director must be on staff with a written activity plan. It must be available to residents and kept up to date and on file for state licensing review. The activity director must have a minimum of one year experience as a director, in evaluating resident needs and in supervision of staff and volunteers.
- At Mission Hills, no staff is allowed to sleep while working.
- From the hours of 10pm to 6am at least one employee must be awake and on duty and one other employee must be on call and able to respond within 10 minutes.



# Living at Home



# Living with Us

As we get older, maintaining both our home and our lifestyle becomes more challenging. Consider how Mission Hills at Rancho Mirage offers a positive way to manage these challenges and live more independently.

Isolation from friends.  
Fewer opportunities to socialize and stay involved in outside interest.



## Social Life

Reliance on others' availability to get where you need and want to go.



## Transportation

Eating alone. Prepackaged meals.  
Difficulty following special dietary requirements.



## Dining

The time and energy-consuming burden of cleaning, laundry and maintenance.



## Housekeeping

Anxiety about if/when help will be available in case of an emergency.



## Emergency Assistance

Limited access to fitness programs and equipment.  
Lack of motivation.



## Exercise/Physical Activity

Increased dependence on family and outside help for routine activities.  
Feeling like a "bother."



## Independence

The warm company of neighbors.  
Opportunities to socialize and make new friends every day.

Scheduled car or bus service available for local appointments, errands and outings.

Dining with neighbors.  
Plenty of freshly prepared menu options presented with table service. Accommodations for many special dietary needs.

Housekeeping, laundry and maintenance provided by a professional staff.

Emergency alert pendant system.  
Immediate help available from 24-hour on-site staff.

Daily on-site opportunities to improve mobility, strength and overall wellness.  
Friends to offer encouragement.

Discreet support provided by familiar caring, well-trained staff as needed.  
Being more independent.